

LILOU DES BOIS

Actress – Physical actress

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THEATRE WORK EXPERIENCES & LIVE SHOWS

Kid Show :

Cie Les Accordéuses • (B)rêves France JUNE 2022 | Dir. Angèle Lemort
Female character

Physical Actress

Cie de l'Alouette • L'oiseau de Feu France MAY 2022 | Dir. Aurélie Lepoutre
Hélène, Le Loup ...

Physical Actress – Masked Theater - Puppetry

Bonne nuit les petits • Magic Nounours Paris DEC 2021 | Dir. Wilfried Richard
Oscar (Bear MASCOT)

Musical* Physical Actress – Mascot

Cie Nomades • Julie et le Livre Magique France. 2018 - 2021 | Dir. Jean-Bernard
Phillipot | Main Character : Julie, sweet girl in her 30's + The snowman (puppet)

Acting - Puppetry

Remue Ménage France & International

NOV 2021 | Dir. Loïc Delacroix & Veronica Endo

With the shows : *Les Jouets, Gnomikys, Sphères, Parade Amoureuse*

Street show, Visual Show - Parade* Dancer - Mime - Actress

Tam Tam Théâtre • Rouge Neige

MARCH 2019 | Dir. Thierry Lutz

The girl, The Raptor, The Mother

Contemporary Theater * Acting - Mime

DisneyLand Paris • Fairy Music Box Paris

NOV DEC 2019 | Dir. Anna Cotis

Cowgirl toy

In situ Theater & Visual Show* Physical acting – Mime – Dance

Annette MESSAGER • La nuit des Animaux Paris

NUITS BLANCHES 2019 | Dir. Annette Messenger

Performance * Actress – Puppetry – Physical acting

Immersive Theater:

Geekopolis • Mutations Paris MARCH-NOV 2019 | Dir. Jo Darchambault

Mutant & Anna, a biologist

Prizonners • Mic Mac au Cabaret/Le Temple des Secrets Paris 2019 | Dir.

Emmanuel Lévy | *Amélie Pinson, singer & Doc Palomba, medium & Witch*

Manoir de Paris • Les légendes de Paris & Toxic Paris

SEPT - NOV 2018 | Dir. Adil Houti | *Vampire & others monsters*

Horror Theater* Acting - Physical theater - Impro - Stunt

Opéra de St Etienne • Siegfried ou qui... St Etienne, France

MARCH 2018 | Dir. Julien Ostini

The Bear & Object manipulation and Puppetry

Opera* Physical acting – Mask - Puppetry

Premium Project • MOQ Live Doha, Qatar

SEPT - DEC 2017 | Dir. Brad Cleary

Various performances: *living statue, dancing, clown, puppetry, mime, improvisation...*

In situ theater & Visual Show* Acting in English - Versatile performing

Cirque Du Soleil • Joyà Cancun, Mexico

2014 - 2017 | Original Cast | Dir M. Genest & R. Dagenais

Main Characters, Joyà is a young glumpy, funny and brave girl. Character using voice and jesterish, dance, flying technique, fighting. • Acting coach for a Circus Icarian Games Act and the Joyà Character

Cirque - Diner Show* Physical acting – Acting Coach



SKILLS

Theater

Classical & Contemporary | Improv Theater
Street Theater | Immersive Theater

Mime, Clown & Movement

Corporeal Mime E. Decroux Technique
Mask Acting & Physical theater
Puppetry & Object theater

Video - Cinema - Voice

Motion Capture | Dubbing & Voice Over
Camera acting

Singing

Musicals & Pop

Dance Theater

Theatrical dance & Contact dance

Artistic director & Coaching

Staging & staging consultant
Acting Coach • Compagny Director

LANGUAGES

French • Italian

English • Spanish

ADDITIONAL SKILLS AND TRAINING

Crossfit • Fitness • Hip Hop Dance • Running
Stilts • Roller & Ice skating • Skiing • Horse riding
Scuba diving • Sword fighting • Hand to hand
Parkour

HOBBIES

Music • Graphic design • Photography • Design
Architecture • Visual Art • Magic • Litterature

EDUCATION

Dubbing Technique & Voice Over- Rhinoceros

— Dubbing, Audio book, Video games
2020 | Paris

Cirque Du Soleil • Scalada - Vison Andorra

JUIN 2016 | Dir. Mukhtar Omar

Co-Creation of the main character: a little girl, curious and playful • Acting Coach

Cirque* Physical acting – Acting Coach

Cie Macadâmes France & international

2008 - 2014 | Dir. Lilou des Bois et Clément Chaboche - www.ciemacadames.com

With several shows : *Without words* • *Si les oiseaux se cachent pour mourir* • *La douleur n'est qu'une information* • *Chaussée Interdite aux piétons* • *Ivres visites* • *Passantes* •

Physical & Street Theatre* Physical Actress – Show Director – Compagny Director

Musée des Arts Forains • Festival du merveilleux Paris

DEC 2013 - DEC 2018 | Dir. Jean-Paul Favand

Various performances: improvisation, mime, clown, living statues, dancing, singing...

In situ Theater - Animation* Versatile performer

Cie Les Anthropologues France

2012 - 2014 | Dir. Nicolas Soloy

With several street shows : *Alice dans les rues* • *En vue D'eau* • *Rousseau à rebrousse temps* | *Mains characters* : *naughty adventurers young girls*

Street theater* Acting - Singing - Physical acting

Xavier Mortimer • L'Ombre Orchestre France

2012 | Dir. Xavier Mortimer

Magic Show* Magician assistant - Object manipulation - Stage hand

Le théâtre de Radovan Ivšić Paris

2006 | Dir. Claude Buchvald

Various Characters: *The Dreamy Child and the little*

Contemporary Theater* Acting

Cie Clin d'oeil Rouen

1999 - 2003 | Dir. Christine Lacombe

With several shows : *Les Demoiselle de Rochefort (Solange)* • *La princesse d'Elide (Phylis)*
Cabaret Noir (Texte choisis de Brecht) • *Liliom au royaume des fleurs cachées (Liliom)*

Contemporary Theater & Musicals* Acting - Singing - Dancing

AUDIOVISUEL WORK EXPERIENCES & MODELING

Motion Capture

Tara Duncan, *The Spellbinders Season 1 (Animated serie)* Studio d'Angoulême

DEC 2019 – Mars 2020 | DIR Dan Creteur | Solidanim & Imaginario

(Tara, Angelica, Lisbeth) • *Syberia 4 (Video Game)* Mocalab, Paris 2020 | DIR Emmanuel Gorinstein | Koalabs (Kate Walker child, Leni Renner teen)

Short Film

Quand T'es 2021 | Dir. Walid Shahalami- Prod La bande Des Mots • *Prédictions* 2020 |

Dir. Jude Cassidi Prod CEPPF

Little part

Adieu les cons (Film) 2019 | Dir. Albert Dupontel | Manchesters films • *L'horizon*

(Film) 2019 | Dir. Emilie Carpentier | Elzévir films • *Les reporters du dimanche (TV*

show) 2018 • *Livide (Film)* 2010 | Dir. J. Maury & A. Bustillo | La fabrique 2 • *Le*

Horsain (TV show) 1997 | Dir Philippe Venault | DEMD Production

Videos & Photos Commercials

Credit Agricole |2021 | Aktuaprod • *Fly Condo* | 2018 | Journeyman Production |

Canada • *Loanaway.ca* |2018 | Canada • *Daymac* | AVRIL 2018 | Canada • *Swish*

Canada (Fitness photomodel) |2018 | Leoprestte Prod | Canada

Video Clip

Vitaa & Slimare «XY» 2021 • *Riddhi Oswal «Top Guy»* 2021 • *Irina R «Sailor»* 2004 •

Duo 32 «32» 2011

Casting Director Assistant

*Profilage (Série)*2011 | Beaubourg Audiovisuel

CUC Campus Univers Cascades + Stage Fighting Training w/ Samuel Kéfi Abrikh

— *Stunt, Body Fighting*

From August 2018 | Training in progress

ESAD Ecole Supérieure d'art dramatique

— Theater and Physical Theater school

2012 – 2013 | Paris

International School of Corporeal Mime

Bachelor Degree E. Decroux Technique

— Dir. Ivan Bacciocchi 2008 – 2010 | Paris

Clowning • Théâtre du Faune

— Dir. Fred Robbe | 2007-2009 | Montreuil

Bachelor degree of Theater Art Form

— Paris 8 University St Denis | 2004 - 2009

Baccalaureat Litterature - Theater specialty

— Lycée Jeanne D'Arc | 2004 | Rouen

Improv Theater

— *Jeux D'rôles & La Pleine Lune*

2001 – 2004 | Rouen

Normandy's Musical School

— Dir Albert & Elisabeth Amsalem

1999 – 2003 | Rouen

COURSES & WORKSHOP

Puppetry Construction & Manipulation

— Dir. Natacha Belova • AUG 2018 Bruxelles

Vertical Dance

— Dir. Cie retouramont • SEPT 2015 Paris

At the body and the object Crossroad

— Dir. Claire Heggen • AV 2012 Paris

Theatricaly of movement

— Dir. Yves Marc • OCT 2012 Paris

Movement

— Cie Arma • SEPT 2015 Audincourt

Staging,

— Dir. Jacques Livchine • SEPT 2015

Audincourt

Feldenkrais Method

— Théâtre des sens • FEV-MAR 2011 Paris

Dance Theater

— Dir Moreno Bernardi • SEPT 2008 Paris

Classical & Contemporary Theater

— Dir. C. Merlin et C. Buchvald • 2004-2006 Paris

VIDEO LINKS

[Miss Jolly - Disney Village](#) | [Jovà - Cirque du Soleil](#) | [Mlle Cé - 32](#) | [La douleur - Macadâmes](#)